

Spring Village at Essex ~ Activities Calendar ~ March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>A Woodbine Senior Living Community</p>	<ul style="list-style-type: none"> Activities are subject to change and weather dependent 	 <p>There are always flowers for those who want to see them. ~ Henri Matisse ~</p> 		<p>1 Share A Smile Day</p> <p>930am - News 1000am - Yoga 1030am - Fit2Excel 100pm - Walk 200pm - Craft Project 330pm - Smile Toss 400pm - Zumba 600pm - Family Feud</p>	<p>2 Read Across America</p> <p>930am - News 1000am - Aerobics 1100am - Book Reading 100pm - Walk to Play Basketball 300pm - Flute Concert 330pm - Spring Scramble 400pm - Tai Chi 600pm - Games in Town Square</p>	<p>3</p> <p>930am - News 1000am - Yoga 1100am - Sudoku 100pm - Walk 200pm - 1 on 1s 400pm - Zumba 600pm - Movie Night</p>
<p>4</p> <p>930am - News 1000am - Yoga 1100am - Alphabet Soup 100pm - Walk 200pm - Jenga 400pm - Zumba 600pm - Care Providers Choice</p>	<p>5</p> <p>930am - News 1000am - Aerobics 1100am - Scattergories 1230pm - Manicures with CTE 100pm - Walk 200pm - Sing a Long 400pm - Tai Chi 600pm - Movie Night</p>	<p>6</p> <p>930am - News 1000am - Yoga 1100am - Robot Dance 100pm - Visit from Beefy 130pm - Walk 200pm - Painting 400pm - Aerobics 600pm - Virtual Hike with Theresa</p>	<p>7</p> <p>930am - News 1000am - Cooking with Chef Paul 1100am - Balloon Tennis 100pm - Walk 100pm - Visit from John 130pm - Book Club 200pm - Craft with Nancy 400pm - Yoga 600pm - Casino Night</p>	<p>8</p> <p>930am - News 1000am - Yoga 1000am - Men's Group 1100am - Mindfulness 100pm - Walk 200pm - Craft Project 400pm - Zumba 600pm - Spring Social</p>	<p>9</p> <p>930am - News 1000am - Fleming Friday 100pm - Walk to Play Basketball 230pm - Coloring 330pm - Spring Word Challenge 400pm - Aerobics 600pm - Games in Town Square</p>	<p>10</p> <p>930am - News 1000am - Aerobics 1100am - Hangman 100pm - Walk 200pm - 1 on 1s 400pm - Tai Chi 600pm - Movie Night</p>
<p>11 Plant a Flower Day</p> <p>930am - News 1000am - Yoga 1100am - Flower Word Search 100pm - Walk 200pm - Make Oreo Dirt Pudding 330pm - Egg Heads 400pm - Zumba 600pm - Care Providers Choice</p>	<p>12 Girl Scouts Anniversary</p> <p>930am - News 1000am - Aerobics 1100am - GS SWAP Crafts 100pm - Walk 130pm - Make GS Cookies 200pm - GS Reminiscing 400pm - Tai Chi 600pm - Movie Night</p>	<p>13</p> <p>930am - Outing: Palmer's Sugar House 100pm - Walk 130pm - Maple Syrup Tasting 200pm - Painting 330pm - Brain Break 400pm - Zumba 600pm - Fireside Poetry</p>	<p>14</p> <p>930am - News 1000am - Aerobics 1100am - Hymns with Karen 100pm - Walk 100pm - Visit from John 130pm - Book Club 200pm - Crafts with Nancy 400pm - Tai Chi 600pm - Flower Power Party</p>	<p>15</p> <p>930am - News 1000am - Yoga 1100am - Craft Project 100pm - Walk 200pm - Service with First Baptist Church of St Albans 400pm - Zumba 600pm - Bingo</p>	<p>16</p> <p>930am - News 1000am - Fleming Friday 100pm - Walk to Play Basketball 230pm - Music Lounge 330pm - Group Boggle 400pm - Zumba 600pm - Games in Town Square</p>	<p>17 Happy St. Patrick's Day</p> <p>930am - News 1000am - Yoga 1100am - Shamrock Triplets 100pm - Walk 130pm - Talk Like a Leprechaun 200pm - 1 on 1s 330pm - St Patty's Jokes 400pm - Zumba 600pm - Movie Night</p>
<p>18 Oatmeal Cookie Day</p> <p>930am - News 1000am - Yoga 1100am - Spring Scattergories 100pm - Walk 200pm - Make Oatmeal Cookies 400pm - Zumba 600pm - Care Providers Choice</p>	<p>19</p> <p>930am - News 1000am - Aerobics 1100am - Music Therapy with Maggie 1230pm - Manicures with CTE 100pm - Walk 200pm - Sing A Long 400pm - Tai Chi 600pm - Movie Night</p>	<p>20 World Storytelling Day</p> <p>930am - News 1000am - Yoga 1100am - Tell Me a Story 100pm - Walk 200pm - Expressive Arts with Topaz 400pm - Zumba 600pm - Fireside Book Reading</p>	<p>21 Fragrance Day</p> <p>930am - News 1000am - Haiti Talk with Katy 1100am - Beachball Volleyball 100pm - Walk / Visit from John 130pm - Book Club 200pm - Crafts with Nancy 330pm - Fragrance Test 400pm - Aerobics 600pm - Ping Pong</p>	<p>22</p> <p>930am - News 1000am - Sled Dog Presentation 1100am - Craft Project 100pm - Walk 200pm - Ladies' Group / Men's Group 330pm - Coloring 400pm - Yoga 600pm - Mad for Plaid Social</p>	<p>23</p> <p>930am - News 1000am - Aerobics 1100 - Lecture: Audubon Vermont 100pm - Outing: Lake Champlain Chocolates 330pm - Music Lounge 400pm - Tai Chi 600pm - Games in Town Square</p>	<p>24</p> <p>930am - News 1000am - Yoga 1100am - Dominoes 100pm - Walk 200pm - 1 on 1s 400pm - Zumba 600pm - Movie Night</p>
<p>25</p> <p>930am - News 1000am - Yoga 1100am - Crossword 100pm - Walk 200pm - Parcheesi 400pm - Zumba 600pm - Care Providers Choice</p>	<p>26</p> <p>930am - News 1000am - Aerobics 1100am - Bible Study with Brenda 100pm - Walk 200pm - Sing A Long 400pm - Tai Chi 600pm - Movie Night</p>	<p>27</p> <p>930am - Outing: Bowling 100pm - Walk 130pm - Painting 230pm - Balloon Games 330pm - Resident Council 400pm - Zumba 600pm - Amazing Race</p>	<p>28</p> <p>930am - News 1000am - Aerobics 1100am - Table Hockey 100pm - Walk 100pm - Visit from John 130pm - Knitting Club 200pm - Cooking Club 400pm - Tai Chi 600pm - Trivia Night</p>	<p>29 Opening Day for MLB</p> <p>930am - News 1000am - Yoga 1030am - Fit2Excel 100pm - Walk 200pm - Craft Project 400pm - Zumba 600pm - Take Me Out to the Ball Game Social 700pm - MLB Game on ESPN</p>	<p>30 Take a Walk in the Park Day</p> <p>930am - News 1000am - Aerobics 1100 - Going on a Picnic 100pm - Outing: Walk at Maple Street Park 330pm - Brain Break 400pm - Tai Chi 600pm - Games in Town Square</p>	<p>31</p> <p>930am - News 1000am - Yoga 1100am - Beachball Games 100pm - Walk 200pm - 1 on 1s 400pm - Zumba 600pm - Movie Night</p>